

THE WAR WITHIN · BATTLE 4 OF 17

# The Poisoned Heart

*Fear, Impatience, Anxiety, Greed & Sentiment*

---

*“Above all else, guard your heart, for everything you do flows from it.”*

---

AUDIO TEACHING OUTLINE

**Segun Samuel**

*Inner Wars · Stage II Purging · 57–60 minutes*

FOLLOW ALONG · TAKE NOTES · DEPLOY IN THE FIELD

HOW TO USE THIS OUTLINE — This is a listener's companion for the Battle 4 audio teaching. Follow the five movements, capture insights in the note spaces, and prepare to execute your Field Orders in the Battle Log.

## MOVEMENT 1

# The Hidden System

0–5 minutes

You are too articulate for your own good. We always produce a more acceptable name for what is actually operating inside us. Fear becomes wisdom. Anxiety becomes thoroughness. Greed becomes ambition. The FIAGS system runs in the background of every decision — wearing the face of your virtues.

### ◆ The FIAGS Acronym

Fear · Impatience · Anxiety · Greed · Sentiment. Five internal operating systems producing consistent outcomes you have attributed to bad timing, difficult circumstances, or the failures of others.

## NOTES

### ◆ Proverbs 4:23 — The Command Centre

Above all else, guard your heart, for everything you do flows from it. Not some things. Not most things. Everything. The heart contaminated by FIAGS produces contaminated decisions — not occasionally but systematically.

## NOTES

*“Every external failure begins as an internal collapse.”*

## MOVEMENT 1 KEY INSIGHT

## MOVEMENT 2

# Ezekiel's Case

5–15 minutes

Ezekiel is 44. Executive Pastor. Marketplace Consultant. By every external metric — succeeding in both theatres simultaneously. And underneath all of it, the FIAGS system running at full capacity for eleven years.

### ◆ The Virtue-Disguise Structure

He has a name for every FIAGS poison. Every name is a virtue. Fear is wisdom. Impatience is legitimate frustration. Anxiety is thorough preparation. Greed is professional awareness. Sentiment is loyalty. That is precisely how the system survives.

## NOTES

### ◆ The Eleven-Year Record

After eleven years: church unplanted. Platform remains someone else's. Sleep remains broken. The man who helped hundreds find clarity about their calling has not yet found his own. Not unintelligent. Not uncommitted. Operating under a system he has never named.

## NOTES

MOVEMENT 3

## Five Poisons — Five Antidotes

15–35 minutes

Each FIAGS poison is named, its disguise stripped, and its specific antidote deployed. Listen for the one that lands with the most weight — that is your primary poison.

◆ **F — Fear: Disguised as Wisdom**

Fear of failure (permanent preparation without launch). Fear of success (self-sabotage at the threshold). Fear of rejection (the authentic self shrunk). Fear of insignificance (frantic activity as substitute for genuine contribution). ANTIDOTE: Anchored Faith — obedience in the presence of Fear, not the absence of it.

NOTES

◆ **I — Impatience: Disguised as Urgency**

A theological problem. It declares that God's process is too slow and human intervention is required. Abraham produced Ishmael. Saul lost the dynasty. The waiting is the qualification — bypassing it bypasses the qualification. ANTIDOTE: Sacred Patience — faithful expectation that keeps working in the delay.

NOTES

◆ **A — Anxiety: Disguised as Thoroughness**

CRITICAL DISTINCTION: Fear has an address. Anxiety does not. Anxiety is a generalised state of alert that cannot stand down because it cannot identify the specific threat that would justify standing down. The anxious combatant experiences permanent due diligence, not paralysis. ANTIDOTE: Grounded Presence — the deliberate return to what is actually true right now.

NOTES

◆ **G — Greed: Disguised as Ambition**

Not primarily the love of money — the pathological need for more recognition, control, validation, platform. For Ezekiel: monitoring the senior pastor's visibility with market-analyst precision. The competition for recognition dressed as professional development. ANTIDOTE: Generous Gratitude — the acknowledgement of divine provision at a frequency that interrupts the psychology of scarcity.

NOTES

◆ **S — Sentiment: Disguised as Loyalty**

Emotional loyalty to expired seasons. Lot's wife was not destroyed for moving — she was destroyed for looking back. She moved geographically while remaining anchored emotionally. Gradual immobilisation in the old season while the new one waits. ANTIDOTE: Discerning Detachment — evaluating every attachment: does this honour my past or hijack my future?

## NOTES

*“The most effective FIAGS enemy is the one that looks, from the inside, like your greatest strength.”*

## MOVEMENT 3 KEY INSIGHT

## MOVEMENT 4

# The Root — One Source, Five Expressions

*35–50 minutes*

All five FIAGS poisons share a single spiritual root. The five antidotes have a spiritual dimension that psychological techniques alone cannot replicate.

### ◆ The Single Root

The failure to trust God with the process. Fear does not trust His protection. Impatience does not trust His timing. Anxiety does not trust His sovereignty. Greed does not trust His provision. Sentiment does not trust His sovereignty over endings. All five — one root.

## NOTES

### ◆ The Anxiety Distinction — For Practitioners

Applying Anchored Faith to Anxiety produces some relief but does not resolve the underlying diffuseness. Anxiety is not organised around a specific false belief — it is organised around the absence of certainty itself. Grounded Presence addresses this: restoring the capacity to act in the absence of certainty.

## NOTES

### ◆ FIAGS Convergence — Trapped Paralysis

When all five operate simultaneously: Fear prevents the first step. Impatience produces a wrong step. Anxiety ensures every remaining option feels dangerous. Greed accepts the compromise. Sentiment maintains the attachment. The combatant is not lazy. They are operating under five simultaneous enemy systems.

## NOTES

## MOVEMENT 4 KEY INSIGHT

## MOVEMENT 5

# Field Orders & Declaration

*50–60 minutes*

Six Battle Protocols must be executed before advancing to Battle 5. The Daily FIAGS Check must run for seven consecutive days before this battle is filed as complete.

◆ **Protocol 01 — The FIAGS Inventory**

Rate each FIAGS poison 1–10. Write one specific recent example for each. Identify primary poison. File when all five ratings and examples are written with genuine specificity.

NOTES

◆ **Protocol 02 — The Waiting Discipline**

Identify one thing you are impatient about. 30 days without complaint, manipulation, or workaround. Weekly sentence: what is this waiting teaching me? File when 30 days complete.

NOTES

◆ **Protocol 06 — Daily FIAGS Check (7 Days)**

Every evening: What did I fear? Where did impatience surface? Where did anxiety scatter focus? Where did greed tempt me? What am I clinging to? One honest sentence per question, 7 consecutive days. File when pattern is named.

NOTES

MOVEMENT 5 KEY INSIGHT

**THE BATTLE DOCTRINE**

— *Every external failure begins as an internal collapse. Before destinies abort, the FIAGS system is already at work.*

— *Fear does not protect destiny. It evacuates it in advance — before any external enemy has had the opportunity to threaten it.*

— *Impatience does not produce delayed results. It produces different results — permanent, unintended consequences from premature actions.*

— *Anxiety is not a personality trait. It is a named enemy with a specific antidote: Grounded Presence.*

— *The most effective FIAGS enemy is the one that looks, from the inside, like your greatest strength.*

— *The FIAGS system has one root: the failure to trust God with the process.*

THE DOCTRINE LINE THAT LANDED MOST FORCEFULLY

**THE SINGLE ACTION — TONIGHT**

Open your Battle Log. Write the name of your primary FIAGS poison — not the virtue-name, the actual name. Write one sentence: the disguise it has been wearing. Write one sentence: what it has cost you. Write the name of its antidote.

***Open your Battle Log.***

---

## THE BATTLE DECLARATION

Pray the full declaration from Chapter after completing tonight's action. The excerpt below is the core of it.

*Father, purify my heart from the FIAGS system I have tolerated.  
I have called Fear wisdom. I have called Impatience legitimate frustration.  
I have called Anxiety thorough preparation. I have called Greed professional awareness.  
Give me Anchored Faith. Give me Sacred Patience. Give me Grounded Presence.  
Give me Generous Gratitude. Give me Discerning Detachment.  
Guard my heart. Let the antidotes replace the system — one daily practice at a time.*

---

*This is Battle 4.*

---

thewarwithin.you · © 2026 Segun Samuel · All Rights Reserved